



CREDO *This I Believe*

WEEK 8 | JUNE 20

I believe in my heavenly Father

RECEIVE

- Prayerfully recite the Apostles' Creed.
- Focus Section: **I believe in the forgiveness of sins.**
- Read Romans 8:14–16; [Watch Psalm 8](#)

REFLECT

- When you look at and take in the created world, what do you find awe inspiring?
- How does what you find awe inspiring draw you closer to the One who created it?
- After watching the Bible Project video on [Psalm 8](#) reflect on the following questions.
 - Share or journal about one new truth you learned through the video.
 - Why do you feel that particular truth stood out to you? How does it help your faith deepen and grow?
- Reflect on Romans 8:14–16. Share in your own words the reality of being “adopted” by God. How can that shape your identity and life?
- Since you are God’s child and God is our Abba Father, what qualities of God’s character is the Spirit of God forming in you? (Think fruit of the Spirit—Galatians 5)
- Is there anything that is hindering these qualities of God’s Family from being formed?

RESPOND

- Drawing from what you reflected on today, paraphrase Psalm 8 in your own words.
- You were brought into the Family of God through grace and love, who can you pray for and invite to take a next step so they too can “Believe in God the Father Almighty, maker of heaven and earth...”

RESOURCES (for personal and group study)

- [Heaven and Earth Video by The Bible Project](#). Inspiring video explaining the theology and biblical meaning of heaven and earth and how they overlap here and now with us as followers of Jesus.
- Read the book, *Abba’s Child*, by Brennan Manning, individually or as a group.

RECALL

- **Keep it in front of you.** Download a few copies of the [Credo card](#) to keep in front of you—bathroom mirror, fridge, car dash, computer, etc. Each time you see it reflectively recite the Creed throughout the week.

ROMANS 8:14–16

For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by Him we cry, “Abba, Father.” The Spirit Himself testifies with our spirit that we are God’s children.

The Apostles' CREED

I believe in God the Father Almighty, Maker of heaven and earth, and in Jesus Christ, His only begotten Son, our Lord.

Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead and buried.

He descended into hell. The third day He rose again from the dead. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.